

#### Age Friendly Self Assessment

Note down gaps, suggestions and actions.



Access - ease in finding you	, getting in and get	tting around your	premises
------------------------------	----------------------	-------------------	----------

Furniture – suitable seating is available, counter heights and shelving

**Sensory** - lighting, sound and heating are at a comfortable level

**Health and Safety** - handrails, non-slip floor coverings, an emergency kit and trained staff if needed

**Ease of doing business** - flexible opening hours, readable website accessible product placement

### **Age Friendly Self Assessment**

Note down gaps, suggestions and actions.



#### **Communication and Information**

**Staff** – friendly, welcoming and genuine. It is easy for people to ask for help or assistance

Signs and labels – well placed, easy to read

**Readability** - plenty of white space, larger font size, high colour contrast. Website is easy to read and navigate

Language and communication – clear, concise with no jargon or acronyms

**Technology** – you cater for all people even if they are not technology savvy

#### Age Friendly Self Assessment

Note down gaps, suggestions and actions.



**Assumptions** - not making assumptions about people based on age, gender or ethnicity

**Language** - inclusive language, spoken and written. Not using labels to categorise or describe people

**Awareness** - staff are trained in how to engage with people as they age. Staff are aware of how dementia can affect individuals cognitive abilities. Staff are able to anticipate people's needs without making assumptions

**Empowerment** - engaging with older people in ways that do not diminish them

**Culture** - ensuring an inclusive work place for staff (paid or voluntary) that respects and celebrates diversity

### **Age Friendly Self Assessment**

Note down gaps, suggestions and actions.



**Product choice** - you offer a range of products and in ways that appeals to all life stages

**Product design** - you involve the end user in the design process

**Service and programme design** - you seek and act on feedback from all your customers and clients

Merchandising - your products and services are well presented and accessible

**Innovation** - you look out for new products and services that could better meet the needs of all your customers or clients